

FOTMOG

From ocean to mountain of God

International Public Health Fieldwork

PRAKTEK KERJA LAPANGAN
DS. SUMBERREJO KEC. PAITON KAB. PROBOLINGGO
FAKULTAS KESEHATAN MASYARAKAT
UNIVERSITAS AIRLANGGA
SURABAYA
2011

PKL 2011
KABUPATEN PROBOLINGGO

MP-ASI
MAKANAN PENDAMPING
AIR SUSU IBU

FUNGSI & MANEFAAT MP-ASI

1. MEMPERKENALKAN MAKANAN PADAT PADA BAYI
2. MEMBANTU MEMBERSIAPKAN SISTEM PENCERNAAN BAYI
3. MEMBUAT BAYI MENYUKAI SEGALA JENIS MAKANAN PADA SAAT DEWASA.

KANDUNGAN MP-ASI

1. sumber karbohidrat : beras, jagung, sagu, umbi-umbian, dll
2. sumber protein : dari lauk pauk (ikan, telur, ayam, daging sapi, tempe, tahu, kacang-kacangan, dll)
3. sumber vitamin dan mineral : sayur-sayuran dan buah-buahan
4. sumber lemak : minyak goreng, santan, kelapa, dll.

Tahapan Pemberian Makanan pada Bayi Usia 0-12 Bulan

Usia	Pemberian Makanan
0 - 6 bulan	: ASI saja/ ASI eksklusif
6 - 7 bulan	: bubur susu (nasi, kentang, jagung, beras merah, labu kuning, dll ditambah dengan susu formula/ASI)
7 - 8 bulan	: sayuran rebus, daging, ikan, telur, ayam, sapi, kambing, babi, dll
8 - 9 bulan	: nasi, sayur, daging, ikan, telur, ayam, sapi, kambing, babi, dll

SUMMER COURSE

Global Public Health
Social Determinant of Health
Community Empowerment

3-20 June, 2012

WALHI



PUBLIC HEALTH FIELD

Public Health Fieldwork is one among award-winning excellence in the curricula of Faculty of Public Health Airlangga University. With 18 years of experience, Public Health Fieldwork is a compulsory and credit-earning program for senior Public Health students conducted within 1 to 2 months, nationwide. Faculty of Public Health as the main stakeholder is in collaboration with the Committee to set-up a tailored Public Health Fieldwork (PHF) for international students joining. Participants will be split into groups accordingly and spend their five days in some rural areas of our community laboratory in Probolinggo. Together with our full-time students, they are about to partake in a condensed program of social determinant of health analysis, health promotion, community development and empowerment



An Ounce of Public Health is Worth a Pound of Health Care

SOCIAL EVENTS

Social events play a significant role in bridging socio-cultural gap and building amity among international students. Participants will enjoy the lively atmosphere of Probolinggo through amusing excursion to a variety of tourist sites. Ranging from the beauty of Gili Ketapang Island to the Maunt of God, The Mahameru. During the very last day of FOTMOG 2012, participants are going to have cultural exchange on our mini stage to celebrate such diversity. We wish every foreign students a memorable and exciting closing ceremony that may attract their fellows to sign up for our future FOTMOG.



LECTURING

In this occasion, experts are to share their invaluable experience in serving societies and running public health programs through a series of three day public lectures in the Faculty of Public Health Airlangga University. FOTMOG 2012 combines best public health practices from provincial and district health office, local NGO, and high-caliber professors from the University. Participants will learn from coherent day-to-day discussions in an interactive way.

HOME STAY

A newly established program is created to assist international students to enrich their experience in exploring culture and anthropology of fisherman village. Held jointly by the Committee and government of Probolinggo City, a two day short internship will be accomplished by all participants as they are attached to the livelihood and culture of fisherman village in Gili Ketapang Village.



excellence with morality

Date	Activities
3 June 2012	Welcoming Diner
4 June 2012	Opening and Program Orientation
	Campus Cycling Tour
5 June 2012	Lecturing 1: Introduction to Public Health
	Lecturing 2: Public Health Assessment
	Group work and simulation 1
6 June 2012	Lecturing 3: Problem Prioritization
	Lecturing 4: Determinant of Health
	Group work and simulation 2
7 June 2012	Lecturing 5: Program Planning and Evaluation for Public Health
	Lecturing 6: Community Empowerment
	Group work and simulation 3
8-12 June 2012	Public Health Work
	Social Event
13-14 June 2012	Home Stay Gili Ketapang Island
15-16 June 2012	Mount of God (Mahameru) Hiking
17 June 2012	Optional Social Event (diving, snorkling, rafting, river boarding)
18 June 2012	Cultural Exchange
19 July 2012	Return to Surabaya – Closing Ceremony
20 June 2012	Depart from Surabaya

LOCAL COUNTERPARTS



Address : Jalan Barata Jaya IV
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Sites : <http://walhijatim.or.id>

WALHI is independent, non-profit and the biggest environmental organization in Indonesia. It is now present in 25 provinces with 436 member organizations (as of April 2010) which actively campaign in local, national and international scale. In international scale, it campaigns through Friends of the Earth International network with total number of 71 grassroots organizations in 70 countries, 15 affiliation organizations and more than 2 million individual members and supporters worldwide.

WALHI Jatim is one of WALHI's local forums along with other local forums spread in 25 provinces across Indonesia. WALHI focus on environmental advocacy with 34 non-governmental organizations, nature lover groups and people organizations.

With the vision of a just and democratic social, economic and political order which guarantees people's right on livelihood and healthy environment, WALHI JATIM is focusing on the efforts to urge community as the subject in a just and sustainable human resources management for the livelihood.

HOW TO REGISTER FOTMOG 2012

ELIGIBILITY

You have to be an undergraduate student from any major/departments.

Having strong academic background

Good command in English (proven by English Language proficiency certificate)

Independent and able to work as a team

Required Documents

Registration Form (download)

1 page of A4 sized paper of essay.

You could WRITE one of these themes:

Global Public Health

Social Determinant of Health

Community Empowerment

Please type using Font Arial Size 10 and Space 1.

Copy of your English certificate

How much is the program fee?

US\$ 1,100 for foreign participant (International Student); Rp. 7,000,000 for Indonesian Student.

* Kindly confirm this partnership with IRO at your university or our participant coordinator. Check your university!

**Shall you arrange different accommodation model than what have been arranged by the committee, all expenses is not chargeable to FOTMOG 2012 committee or UA. In this regard, participants are highly to pay the accommodation fee.

***Round-trip flight ticket is not provided by the committee.

SELECTION PROCESS

After you have completed all the required documents, Send your application package to seismo@unair.ac.id

Notification from the participant coordinator will be send to you soon as your application package received in our inbox, if during two days there is no notification from FOTMOG committee you are kindly requested to resend your application package. In this stage any payment is not requested.

Payment method will be send after you have been registered as a FOTMOG 2012 participant.